

GEORGE SCHOOL EQUESTRIAN PROGRAM









#### THE GEORGE SCHOOL EQUESTRIAN PROGRAM

George School offers a three-season, co-educational equestrian program that combines athleticism and horsemanship. Our experienced staff teaches the hunt seat discipline which focuses on equitation and places emphasis on horse-care fundamentals, team participation, and sportsmanship.

Instruction is available for the novice or beginning rider through the advanced rider who enjoys competing in horse shows.

### Equestrian Center in brief:

- Two riding rings with all-weather surfaces.
- Heated tack room and locker rooms for males and females.
- Twenty excellent school horses.
- Horse boarding available with full-care and self-care rates.

For experienced riders, the varsity team:

- Is offered all three terms.
- Competes in off-site horse shows.
- Does flatwork, jumping, and weekly no-stirrup days.

For less experienced riders, the developmental team:

- Is offered all three terms.
- Gets instruction to improve riding skills.
- Learns about horsemanship, including horse care.

## Strength and conditioning

Fitness is an integral part of our equestrian program. Working with coaches from George School Performance and Wellness, riders focus on cardio, conditioning, and toning to help them become stronger athletes in the saddle.

# INTERSCHOLASTIC EQUESTRIAN ASSOCIATION (IEA) TEAM

George School is pleased to be an active member of the IEA. This highly competitive nationwide network of high school equestrian programs and barns competes in a series of shows throughout the year with the aim of qualifying for the IEA National Finals held each spring. Students participating in IEA shows ride unfamiliar horses and are scored on horsemanship and equitation.

#### FOR MORE INFORMATION

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